

Fair Compassion

Recetas para la Vida®

Ingredients:

- 1 cup of reasoning
- 2 bunch of truth
- 1 drop of clarity
- 3 large tablespoons of responsibility
- 1 pinch of consequences

Condiments: Honesty, calmness and good will

Preparation:

✧ Some good intentions, unfortunately, may not give good results. We all try to do our best and try not to hurt anyone. We need to do the right thing. It is necessary to set limits, be realistic, face the consequences and grow up, as hard as this may be.

✧ Feelings may be deceiving. We shouldn't allow only feelings to rule. Feelings have a universal language; we all have a personal story, full with emotions and illusions. When we see someone in pain, or someone who is sad or happy, we feel for that person, we feel compassion and sometimes we even forgive in error. Therefore, clear thoughts and values need to rule over our feelings.

✧ Every person and every situation are unique. Not everybody and everything can be Judie the same way. We need to be able to notice the differences. Therefore, it is necessary to have the knowledge, maturity and a clear vision of the values represented in each situation.

Precaution: Compassion, when not used wisely, may lead to tragedy.

“Setting limits to what is wrong and condemning evil, are not synonyms of cruelty; on the contrary, they are the kindest actions that can exist.”

Visit us on www.bestrecipesforlife.com or

Find us in Facebook: *Recipes for life*

Recetas para la Vida®



Visit us on :
www.bestrecipesforlife.com

Find us in Facebook:
Recipes for life

“Setting limits to what is wrong and condemning evil, are not synonyms of cruelty; on the contrary, they are the kindest actions that can exist.”